



# MOMS GROUP

## 2023-2024

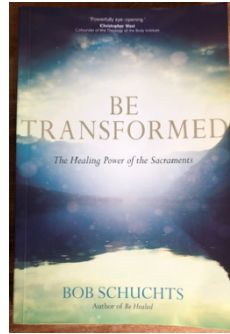
For moms of all ages and anyone who has a nurturing role...

Please join us as we seek to learn about our faith together, no matter where each of us is on our faith journey. Moms Group provides us the opportunity to pray together, build friendships, and discuss faith-based books. We invite you to join us as often as you can!

All Saints Room, St. Francis of Assisi Church.  
Tuesday mornings, 9:00-11:00 AM.  
August 29, 2023 – April 30, 2024.

Free daycare provided. Please register for daycare by contacting Sally at [sjosefczyk@gmail.com](mailto:sjosefczyk@gmail.com).

Books may be purchased at our opening brunch meeting on August 29. To pre-register, or if you have questions, please contact Christine at [johnstonchristine00@gmail.com](mailto:johnstonchristine00@gmail.com).

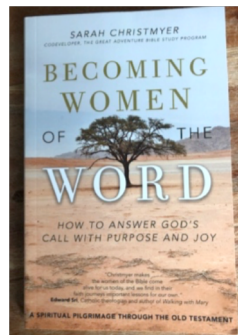


August 29 – October 31  
***Be Transformed: The Healing Power of the Sacraments***, by Bob Schuchts \$16

Does anything really happen to me when I receive the sacraments? Yes! Discover *the healing and transformative power of the sacraments*. Realize the grace within the sacraments, grace that is given by God for anyone who opens their hearts to receive it.

We can transform our lives in a way that allows us to share in Jesus' resurrection. Just think of what a wonderful opportunity this is for us! We can be comforted and made whole by Jesus through the sacraments.

The author explains the ancient Catholic tradition of receiving these sacraments from God in order to heal our fallen human nature. This book helps anyone who has ever been hurt, felt strain in a relationship, or the stress of everyday life. This is for everyone!



January 9 – March 19  
***Becoming Women of the WORD: How to Answer God's Call with Purpose and Joy***, by Sarah Christmyer \$15

The author pairs the stories of key Old Testament women with stories of women from the author's

life to show us how we can *hear God, say yes to His call, and share Him with the world*, just as they did.

The ancient truths these women knew can still be used to guide us in our lives today. These Old Testament women struggled with emptiness, oppression, infertility, and loss. Yet they found strength and hope in God. And you can, too.



April 9 – April 30  
***You Are Enough: What Women of the Bible Teach You About Your Mission and Worth***, by Danielle Bean \$14

It's easy to focus on the ways we fall short of worldly perfection and forget that we are already made perfect. You are already enough. God has made you for a unique purpose, and He calls you to know Him in a unique way.

The author uses the timeless tales of the women of the Old Testament *to help you to see yourself as God sees you*. You are loved and cherished and play an important part in the life of the Church. Don't forget it!